

# 2010 FAMILY & ADULT PROGRAMS

## HELDEBERG WORKSHOP

See <http://www.heldebergworkshop.org> for information, directions and registration forms

**Friday, April 16<sup>th</sup>**

**AD1) Timberdoodle Trek**

**7pm – on**

*No fee*

Join Alan evening walk for American Eastern and Great



Mapes for an to look and listen Woodcock, Screech-Owls Horned Owls.

We will listen for the peent, whinny and hoot of these birds of the evening. It is time for the woodcock's sky-dance mating flight and we'll hope to see and hear this wonderful, weird ritual. Meet at the entrance to the **5 Rivers Visitor's Center** at 7pm

**Saturday, April 17<sup>th</sup>**

**AD2) Amphibian Walk**

**9 – 12**

*No fee*

The Workshop richest amphibians in Al Breisch, co- and Reptiles of Identification, Natural History and Conservation, as we explore the streams and woodlands on the Land to see how many salamanders, frogs and toads we can find and learn about their interesting life histories.



Land has one of the diversities of New York State. Join author of Amphibians New York State:

**Saturday, May 8<sup>th</sup>**

**AD3) Birding & Brunch**

**7am – 10:30**

*\$10*

It's spring at way to of new with an early with Mike



last! What better celebrate this season beginnings than morning bird walk Matthews! Join in

the adventure as we look for and listen to birds as they migrate, mate and establish territories. Finish the morning off with a delicious *al fresco* brunch! Bring your binoculars along!

**Saturday, May 15<sup>th</sup>**

**AD4) Spring Wildflower Walk**

**9 – 12**

*No fee*

What's up in **wildflowers!** Land is wildflowers, bring your



the woods? **May** The Heldeberg especially rich in and you can camera along to

capture their beauty. You will learn the ecology of these wildflowers and their rich plant lore. You may bring a wildflower field guide, water, snack and perhaps a walking stick.

Leaders: Dorothy and Michael Matthews

**Saturday, May 22**

**AD5) Starting Your Garden Up**

**9 – 12**

*\$5*

Come to the Workshop and learn how to grow your own vegetables! This class will teach you to how to establish your own garden for the 2010 growing season! In this first session, you will learn soil preparation, seed choices, seeding, transplanting, succession planting, fertilizing, and harvesting of crops. Each attendee will create a growing plan for the season from the start of purchasing seeds to the closing of their gardens. Please bring gloves, appropriate clothing, and a hoe if you have one. Families are welcome!



Instructor: Kimberly Sullivan

**Saturday, June 12<sup>th</sup>**

**AD 6) Fern Foray**  
*No fee*

**9 – 12**

The talus slopes, limestone cliffs, boulders, and wetlands of the Escarpment contain a rich diversity of ferns, club mosses and flowering plants often confused with Land with Al what makes a searching for spleenworts, Maidenhair, Walking Fern and other non-flowering plants.



Heldeberg contain a rich variety of materials fashion planter baskets or even baskets.

**Saturday, July 10<sup>th</sup>**

**AD 7) Critter Patrol Snake Walk**  
*No fee*

**9 – 12**

There are 17 species of snakes in New York State and some of them live at the Heldeberg Workshop! Come and experience the fun of finding snakes on the Land. We'll discuss snake habitat and behavior as well. Thin gloves are useful. Open to all ages and families.



Guide: Paul Doyle

**Saturday, July 17<sup>th</sup>**

**AD 8) Geology Walk: Up Close & Personal** **9 – 12**  
*No fee*

The Heldeberg at the base of the Escarpment, a paradise. We'll the Workshop to Ladder Trail.



how the escarpment was formed and geological processes like erosion. Sturdy footwear, water and a walking stick are strongly recommended!

Workshop sits Helderberg geologist's carpool from the Indian We'll discuss

Instructor: Dr. Michael Nardacci

**AD 9) Basket Making**  
**\$10 + \$10 materials fee**

**10 – 2pm**

Using your imagination, you can create unique baskets and start a hobby! We'll start of spoked and We'll explore a that can be used to baskets, melon Appalachian egg Experienced basket weavers are welcome too! Please bring water and lunch.



wonderful new with basic weaving twined baskets. variety of materials fashion planter baskets or even baskets.

Instructor: Susan Phillips

**Saturday, July 24<sup>th</sup>**

**AD10) Clay Workshop 1: Handbuilding, Pottery Wheel & Stamping with Colleen Skiff**  
**\$25 + \$15 materials fee**

**9 – 12**

We are offering a 2-class workshop and you may take either or both classes. In this first class, you will learn basic building including how wheel. Sample display and on each. You from samples



or construct projects of your own choosing. Completed projects will be air dried and reading for finishing in the second workshop. If you are not taking the second workshop, you may pick up your kiln fired projects on July 31.<sup>st</sup> The materials fee includes 15 pounds of clay, and one firing.

methods for clay, to throw a pot on a projects will be on instructions given can borrow ideas projects on display,

**AD 11) Trouble Shooting Your Garden** **9 - 12**  
**\$5**

You learned how to *Start Your Garden Up* earlier in the spring. our experiences solutions to have arisen season.



We will talk about gardening and troubleshoot difficulties that during the growing Families and first time attendees are welcome!

Instructor: Kimberly Sullivan

**Saturday, July 31st**

**AD12) Spelunking**

**9 – 1pm**

*No fee*

Does your going caving? chance!

local writer, enthusiast Dr. This is sure to

mind expanding experience. Bring three (3) light sources, wear warm clothing (jeans, sweatshirt or flannel shirt), boots or sneakers and work gloves. Helmets will be provided. Bring a lunch and a change of clothing.



*Bucket List* include Well, here's your Explore a cave with geologist and caving Michael Nardacci! be a fascinating and

**AD13) Learn to Knit Fingerless Gloves**

**9 – 12**

*No fee*

Are you tired scarves and challenging know how to then you can fingerless



on the Land as we start this fun and easy project. You will be provided with a materials list before class.

of making yearn for a more project? If you knit and purl, make a pair of gloves! Join us

Instructor: Dorothy Matthews

**Saturday, July 31st**

**AD14) Clay Workshop II: Surface Decoration with Colleen Skiff**

**\$25 + \$15 materials fee**

**9 – 12**

This is the second of the clay workshops. Participants who took the first workshop will learn about a variety of low fired will be well as carving, and wax



glazes and how to Painting methods demonstrated, as piercing, stenciling resist techniques.

Engobes (colored slips) may be used with graffito (scratching to unveil the under layer of clay.) We'll use the saw dust kiln on the land to produce works with a smoky finish. All work will be ready for pick up by August 7.