



HELDEBERG WORKSHOP

AN ADVENTURE IN LEARNING

Jean Pauley, Founder

Picard Road

Town of New Scotland

518 765 2777

www.heldebergworkshop.org

SUMMER PROGRAM 2011 – Our 51st Year

(9 AM - NOON)

First Session: July 11 - July 22

(Open House July 22, 6 - 8 PM)

1A: July 11 - 15 (Open House July 14, 6 - 8 PM)

1B: July 18 - 22 (Open House July 21, 6 - 8 PM)

Second Session: July 25 - August 5

(Open House August 4, 6 - 8 PM)

2A: July 25 - 29 (Open House July 28, 6 - 8 PM)

2B: August 1 - 5 (Open House August 4, 6 - 8 PM)

Third Session: August 8 - August 19

(Open House August 18, 6 - 8 PM)

3A: August 8 - 12 (Open House August 11, 6 - 8 PM)

3B: August 15 - 19 (Open House August 18, 6 - 8 PM)

The Heldeberg Workshop is a NOT FOR PROFIT Organization,
chartered by the Board of Regents of the University of the State of New York.
The Heldeberg Workshop has a permit to operate from the Albany County Department of Health.
It is inspected twice yearly; reports are available at the office on Ferry and Green Streets.

Heldeberg Workshop

P.O. Box 323

Voorheesville, NY 12186-0323



ALL 2 WEEK CLASSES ARE \$250.00
ALL 1 WEEK CLASSES ARE \$125.00
(Discoverland 1 week – \$100.00, 2 week – \$200.00)

Discoverland 2011
Chairperson: Rachel Empie
Grades: K – 2

D1 Outdoor Fun Science Laboratory

Sessions: 1B, 2B, 3A & 3B

Grades: K - 2

Experience the “Science Outdoor Laboratory” in the enchanted landscape of the Heldeberg Mountains! Come along and observe, touch, and investigate all of the wondrous outdoor plant life and beautiful creatures that can be found on our Land. Enjoy a great snack while observing and listening to nature. Join our great exploratory walks and hands-on activities as you learn in our “Outdoor Science Laboratory!”

Instructors: Corinna Pelkey

D2 Amazing Arts and Exploration

Sessions: 1A & 1B, 2B, 3A & 3B

Grades: K - 2

Come to create, explore, learn ... and most importantly, be an artist! Here we will work with many art materials: watercolors, paints, crayons, markers and much more. You'll draw your favorite outdoor animals, inspired by all the beauty of the Land: the thick forests, the streams, the pond with its big frogs and dragonflies!!! Painting, drawing, watercolors, creating mobiles - we do it all in “Amazing Arts and Exploration”.

Instructors: Rachel Empie

D3 Nature's Clubhouse

Sessions: 1A & 1B, 2A, 3B

Grades: K - 2

In “Nature's Clubhouse” this summer, we will create a "playroom"; we'll have fun gathering nature's treasures for this room! We will design a nature T-shirt to wear, find and decorate our own hiking sticks and prepare yummy nature treats. We will conduct nature experiments and have scavenger hunts. We will investigate the pond, catch frogs, walk up streambeds and collect fossils. We will also find Chipster the Chipmunk, Gentle Giant, Little Red the Salamander, and the ghost! Come join in the fun!

Instructor: 1A, 1B, 2A - Chris Cronin; 3B – Krissy Bruce

D4 Magical Music & More!

Sessions: 1B & 2A

Grades: K - 2

In this class we will explore and learn about a land which is filled with amazing creatures and sounds! We'll search for materials to build our very own nature-inspired instruments! We'll create our own songs, too, and use our new instruments to perform for friends and family! We'll play cool musical games! See you in “Magical Music”!!

Instructors: Helene Runion

D5 Storybook Players

Sessions: 1 & 2

Grades: K – 2

Storybook players make magic happen, through fun and exciting stories, crafts and acting. Using our imagination, anything can happen! Become a frog, warthog, or even a butterfly! The class will pick their favorite story and transform it into a play. Children create props, paint masks and perform their favorite story for all their friends and family. Become an actor in Storybook Players on the Apple Tree stage!

Instructor: Cindy Dolan

D07 Nature Explorers

Session 2A

Grades K - 2

Come explore the majestic Heldeberg mountains! Climb up riverbeds and find unique fossils! We'll be creating fun projects, playing games, and you'll even make your own secret hideaway! Be the leader in your own adventure - join us in Nature Explorers.

Instructor: Rachel Saddlemire

D6 Walk a Native American Path

Sessions: 1B, 2A & 2B, 3A & 3B

Grades: K - 2

This class is filled with all things Native American - you'll even give yourself a unique Native American name! We'll make talking sticks, dream catchers and much more! We'll play exciting Native American games and explore the forest, pond and streams of the Helderberg Mountains – a place where the Native Americans once lived. We have a full-sized tipi, which we will use for reading books, eating snacks and just having fun! Come and join in on all the excitement!!

Instructors: Kelsey Renko

Science 2011

Chairperson: Jerry Dievendorf

S1 Bugs and Slugs

Sessions: 2A & 2B

Grades: 2A: 2-4; 2B: 4-6

What is that thing crawling up your back? What do butterflies eat? What is making those strange noises in the bushes? Investigate the mysterious lives of beetles, butterflies, crickets, bees and other things that bug you! We'll make slides for microscopic inspection, swing nets, build and set traps, manage an insect zoo, experiment and discover many interesting facts about insects while we observe these amazing creatures, close up and personal!

Instructor: Jerry Dievendorf

S2 Science Fun

Sessions: 3A & 3B

Grades: 2 & 3

Do you know why certain animals live where they do? Explore the forest with us, probe the pond and swamp, examine evidence of deer activity and learn how to find salamanders, snakes, frogs and insects. Recognize animals from their tracks. We'll conduct chemical tests of water and berries to make deductions about what certain animals eat and where they live. We will also examine stream beds to find fossils of ancient life, and we'll try to guess what our environment might have been like in those earlier times. Come and have fun with us!!

Instructor: Diane Betzwieser

S3 Wee Beasties

Session: 2B

Grades: 3 & 4

Have you ever wondered what earthlings looked like 3.5 billion years ago? Do you think it would be fun to be a “Microbe Detective” and use cool microscopes to help solve crimes? Would you like to extract DNA from strawberries, and get to eat them as well? Would you like to make yeast bread, and see the “wee beasties” that make it? If you answered “yes” to any of these questions, then this is the class for you!

Instructor: Dr. Dorothy Matthews

S4 Swamping

Sessions: 2B & 3B

Grades: 2-4

Different plants and animals live in different parts of our swamp. We'll spend the week discovering who lives in all that mud!

Instructor: Dee Strnisa

S5 Critter Patrol

Sessions: 1A & 1B

Grades: 1A: 2-4; 1B: 4-6

Calling all creatures! Reptiles, amphibians, mammals, insects, birds and more! All of them live near you. How many creatures and critters can we locate and identify in our local ecosystem? We'll search under rocks, in ponds and puddles, under logs, in fields, trees – everywhere!

Instructor: Paul Doyle

S6 Fossil Hunting

Sessions: 3A & 3B

Grades: 3 & 4

Find the remains of organisms that lived here hundreds of millions of years ago! Learn about the prehistoric environment that these creatures lived in. Discover how to search for fossils in an area known for its geologic richness. Get your hands dirty identifying fossils such as trilobites, bryozoans, ancient corals, and many, many others, as we talk about their significance.

Instructor: Kevin Duffy

S7 Fossil Hunting II

Sessions: 1A, 1B & 2B

Grades: 3 & 4

Dig into the world of rocks, minerals and fossils. Learn about earthquakes, glaciers, volcanoes and much more! We go on fieldtrips to various fossil collecting sites, create model volcanoes and learn to navigate the woods with ease (an essential life skill!) using a map and compass. We'll complete the week with a "treasure" hunt!

Instructor: George Pafumi

S8 Birding, by Sight and Sound

Session: 1A & 2A

Grades: 4-6

Wouldn't it be great to recognize the birds found in our area by using visual clues, their songs and their flight patterns? We will even have live birds of prey, including hawks and owls – up close and personal! In addition, each student will receive a bird identification book. We'll leave this class with a better understanding and appreciation of our feathered friends!

Instructor: Fred Realbuto

S9 The Science of Magic

Session: 3A

Grades: 5 & up

Learn the role that science plays in the "Art of Magic". Learn how to make the laws of gravity work for you as you learn the basics of the Fushigi Ball, floating sticks and more. What is friction and how is it incorporated in magic tricks? What role does biology play in magic? Why are our eyes drawn one way while the magic is happening elsewhere? (misdirection) Learn how the laws of magnetism can create illusions. Have fun and learn magic tricks, all the while learning about physics, chemistry and biology! Fushigi balls will be supplied; magic wands are optional!

Instructor: Fred Realbuto

S10 Plant Explorers

Session: 2A

Grades: 4-6

We'll explore forests, fields and swamps as we search for the biggest trees, the smallest ferns, the strangest mushrooms and the most colorful wildflowers! They all have a story to tell! We'll observe their unique characteristics and learn techniques to record and preserve samples. We'll identify which are dangerous and which are beneficial. We'll measure the diameter of various species of trees, estimate their ages, and start the "Plant List" for Heldeberg Workshop!

Instructor: Alvin Breisch

A1 Brazing, Welding & Wire Sculpture

Session: 1

Grades: 6 & up

In this class you will learn how to plan out two-dimensional and three-dimensional steel wire sculptures, then bring them to life using a form of welding called Brazing! You will learn how to use a variety of tools and learn brazing techniques. Create anything from animals to architecture!

Instructor: Deborah Chesser

A2 Multicultural Creations

Session: 1A

Grades: 3-5

Come explore different parts of the world without having to get a passport! We will make colorful molas from Latin America, Puerto Rican coqui frogs and lovely African bracelets. We'll create British Christmas crackers, Chinese dragons and "worry dolls" from Guatemala. We will also try our luck with hand-lettering our initials in old Celtic! Students in this class should be comfortable using scissors.

Instructor: Jackie Moylan

A3 Learn to Crochet

Session: 1B

Grades: 4 & up

No matter the weather, crochet is always hot! Learn basic stitches and how to follow a simple pattern. Become familiar with crochet lingo and explore some of the many great yarns available. By the end of the week, you will have crocheted your very own scarf! Watch out! All of your friends will be asking you to make one for them too!

Instructor: Jackie Moylan

A4 Stained Glass & Mosaics

Session: 1

Grades: 5 & up

You'll learn how to work with stained glass, and all about the intricate and exciting art form of mosaics! In this great class, students will learn basic techniques for both art forms and then use these skills in their own artistic creations.

Instructor: Terry Faul

A5 Clay, Hand Building & the Wheel

Session: 2

Grades: 4 & up

Come learn the many different techniques used with clay, such as throwing, slab pinch and coiling. Finished pieces will be fired in a rustic sawdust kiln. Beginners and return students welcome! We'll make many different things in this class, and we'll have a lot of fun too!

Instructor: Terry Faul

A6 Hand Building Fun!

Session: 3

Grades: 2-5

Anything can be made with clay! Have you ever thought about making a book, a suitcase or a tree out of clay? In this class you will be able to do just that, and more! Come discover what is so amazing about this material, then let your imagination go wild!

Instructor: Terry Faul

A7 Introduction to Photography

Sessions: 1 & 3

Grades: 5 & up

In this class we will learn the basics of photography while exploring the land around us. We will visit the archery field, the pond and the garden on a search for photographs to use on t-shirts and to put in journals that we create. We will use disposable cameras, a digital camera and learn a bit about the 35 mm. camera. Come have fun exploring the endless possibilities photography has to offer! Returning students will be offered new, advanced projects!

Instructor: Angela Pinkel

A8 The Art of Silk Screening

Session: 1B

Grades: 6 & up

Make and wear your own logo and design! In this class we will learn the art of silk screening. You'll take your own creative ideas and turn them into designs for t-shirts and a number of other different items and materials. Come give this great class a try!

Instructor: Chris Wilson

A9 Clay, Clay & More Clay

Session: 1

Grades: 2-5

Get your hands dirty with a natural material that is fun to explore and easy to create with. We'll explore different hand building methods with clay while creating animals, puzzle boxes, nature print chimes, bowls and so much more! Projects will be kiln fired and hand painted!

Instructor: Colleen Skiff

A10 Painting Magic

Session: 2A

Grades: 3 & up

You don't need a brush to paint a great picture! And you don't need paper. In this class you'll learn painting techniques from around the world: German tole painting, oriental brush painting, African stamping and more! We'll paint on tin, wood, fired clay, glass ... even your old sneakers! Why not?! You'll learn how to mix colors, and to use them to create soft or bold designs and pictures. You can use sticks or sponges - even your own fingers - to paint!

Van Gogh knew what he was doing when he painted "Starry Night" and so will you!

Instructor: Colleen Skiff

A11 Wire Workings: Whimsical, Wild, Wearable

Session: 2B

Grades: 4-6

In this course we'll twist, bend and shape all sorts of wire into fun sculptures, mobiles, creatures, jewelry and more! It is quick and easy to get great sturdy results with wire. We'll also combine wire with other materials, including cork, wood, beads and model magic, to make almost anything you could imagine ... castles, dragons and everything in-between!

Instructor: Colleen Skiff

A12 Portrait Class

Session: 3A

Grades: 4 & up

In this class you'll learn to draw not only your favorite person, singer or actor, but as well, you'll learn to draw your family pet! It isn't as hard as you might think! A likeness can be captured in a few strokes. We'll also make a clay mask, and fire it. As you sculpt a face, you'll better understand the placement of the features, and learn to create interesting expressions. We'll cover drawing, value, color, creating a mood and bringing out personality. Please bring photos of faces (either animal or human) that you like.

Instructor: Colleen Skiff

A13 Fun with Architecture!

Session: 2A

Grades: 5 & up

Learn about architecture and how to design and build your very own structure! Students will draw out their own designs after learning measuring, scaling, and how to use fun drawing tools. Floor plans and illustrations of the exterior and interior views will be made in preparation for your very own model construction. So, come join us and have some fun expressing your imagination and your exciting ideas!

Instructor: Terry Way

A14 Printing Homemade

Session: 2A

Grades: 2-4

What do erasers, glue, Styrofoam and cardboard have in common? - they all make creative and useful tools for printmaking. With a little "elbow grease", turn these ordinary household items into beautiful prints. Dress for a mess!

Instructor: Krista Gillis

A15 Art About Me

Session: 2B

Grades: 2-4

For centuries, artists have been using themselves and their lives as the subject and inspiration for their artwork. Now it's your turn! In this multi-media class, use collage, printmaking, drawing, painting and lot of imagination to make art about you!

Instructor: Krista Gillis

A16 Watercolor Wonders

Session: 3

Grades: 4 & up

Immerse yourself in the wonderful world of watercolors! Learn watercolor techniques and practice on both creative and real-life subject matters. Use your skills to create art with "heart"... take a trip under the sea ... get up-close and personal with the plants in your own back yard!

Instructor: Krista Gillis

A17 Cartooning

Sessions: 1A & 1B

Grades: 1A: 2-4; 1B: 4 & up

Attention: fans of comic books, cartoons and comic strips!

Explore the art of cartooning. Human animation will be emphasized, including facial expression, body movement and setting. Learn to create original story lines and scripts. The class will "publish" a collective comic book.

Instructor: John Vandenberg

A18 Heros & Villains Comic Book Class

Session: 2 Grades: 3-7

This is the perfect class for any artist who enjoys comic books! Invent your own Heroes and Villains. Learn how to draw, using an expressive gesture line, then produce your own story line and illustrate your very own comic. This class takes your cartooning to the next level!

Instructor: John Vandenberg

A19 Make Your Mark - Printmaking

Session: 3A

Grades: 3-6

Stamp Making! Screen Printing! Plaster Block Printing! And More!

You can learn some fun and fast printmaking techniques to make cards, a T-shirt and a whole portfolio of art prints. We'll use almost everything around to make shapes that you can print with, on anything you like!

Instructor: John Vandenberg

A20 Drawing & Painting

Session: 3B

Grades: 3-6

Capture an immediate response on paper to your daily Heldeberg Workshop world of woods, waterfalls, fields and mountains. Using oil pencils, pastels and acrylics, you will learn how to think, see and paint like the Impressionists or Abstractionists. You'll also learn to use light, shadow and values to make dramatic or colorful statements. But the most important thing is that you enjoy expressing your feelings about the world around you!

Instructor: John Vandenberg

A21 Art, Photography & the Land

Session: 2

Grades: 3 & up

Come explore the Land with a new eye - the lens of your camera! We'll spend our time documenting the natural world around us. We'll use pinhole cameras, sun development, photo transfer and film cameras. Then we'll transform the images we gather into an all-new form of art by creating collages, accordion and flip books. Join us and have some fun!

Instructor: Emily Kriss

A22 Flora - A Nature Experience

Session: 3A

Grades: 4 & up

Students will explore the Land to find natural materials to create art. Journals, drawings, collages, wall hangings weavings, and more, will all be created from the various reeds and other flora that we find.

Instructor: Emily Kriss

A23 Fauna – A Nature Experience

Session: 3B

Grades: 4 & up

Students will explore animal life on the land through sketching, journaling, collages, making plaster impressions of tracks and fossils, modeling with clay, and more!

Instructor: Emily Kriss

Folk Arts 2011

Chairperson: Karin Demis

F1 Woodcarving

Sessions: 2A & 2B

Grades: 5 - 8

Ramble the woods, learn about some of our native trees.... then learn the basics of woodcarving using the found wood. Students will finish their own folk art carving. There will be strong emphasis on safety and proper handling of sharp tools.

Instructor: Dick Brooks

F2 Sewing Felt Dolls

Session: 1A

Grades: 3 - 6

Learn the basics of hand sewing as you create an adorable felt doll. Embroider a face, add yarn hair and design clothes, using trim and buttons. If time allows, use your sewing skills to make a whole doll family!

Instructor: Kathy Zimmerman

F3 French and Indian War

Session: 1A

Grades: 5 & up

250 years ago, the sound of cannons, muskets and Indian war whoops rang throughout upstate New York. Travel back through time in this class, which is taught by period re-enactors. Drill with wooden muskets, hear and learn period music, and play games popular in the 1750's.

Instructors: Bill Frueh and guests from the 13th Albany Co. Militia

F4 Revolutionary War

Session: 2A

Grades: 5 & up

Step back in time and experience the lives of soldiers and civilians during the period of America's fight for Independence. Fife and Drum roll calls, tents, songs, games and a sample of true 18th century style entertainment are in store for you! You'll try a bit of colonial cooking, create a craft, discover how music served as a communication device for both armies and meet some characters that look like they just stepped out of your history book!

Instructors: Bill Frueh and guests

F5 Civil War

Session: 3A

Grades: 5 & up

Step back in time and experience the lives of soldiers and civilians during the period of America's Civil War. Fife and Drum roll calls, songs, games and a sample of true 19th century style entertainment are what's in store for you! You'll learn some military drill, learn to play a harmonica, learn to play baseball as it was played in 1858 and meet some characters who look like they just stepped out of your history book.

Instructors: Bill Frueh and guests

F6 Weaving Studio

Sessions: 1 & 2

Grades: 4 & up

Learn weaving basics, textile designs and loom mechanics. Experiment with color, texture, fibers and weave structures. You will set up a warp on a four-harness table loom and create your own special weaving using fibers and colors of your choice. You are welcome to try a second project of your own design. Any student who has previously taken a weaving class will be given a review of the basics and may then go on to explore new weave structures.

Instructor: Karin Demis

F7 Spin & Dye & Weave

Session: 3

Grades: 4 & up

Let's start with a wool fleece and prepare it for spinning on drop spindles and spinning wheels. Wool that you have spun can be colored with dyes that you make from natural materials. Set up and weave your wool on a 4-harness loom. Students that have previously taken Spin & Dye or Weaving can design their own projects.

Instructor: Karin Demis

F8 Beginning Blacksmithing

Sessions: 1A, 2A, 3A

Grades: 7 & up

Using hand-operated blacksmithing tools, you will work on an anvil in a coal forge and create your own project! You'll learn about the lives of early blacksmiths and the history and importance of their craft.

Each class will go for a one-day working visit to an operating blacksmith shop! Work boots, long sleeved shirts and long pants are required.

Instructor: Noah Houry

F9 Beginning & Advanced Blacksmithing

Sessions: 1B, 2B, 3B

Grades: 7 & up

This class teaches basic blacksmithing to beginners, but allows advanced students to take the next step, introducing them to the world of industrial arts through the use of electric arc welding, gas welding and basic electric hand tools. There will be new projects!

Each class will go for a one-day working visit to an operating blacksmith shop! Work boots, long-sleeved shirts and long pants are required.

Instructor: Noah Houry

F10 Eastern Woodland Indians

Session: 2B

Grades: 4 & up

How did the Iroquois live? Join us for a weeklong adventure in the woods and find out. Spend time at our version of a traditional long house. Take walks in the woods to identify plants, animals, footprints and feathers. Gather natural items to decorate a "talking stick". Make a cornhusk doll. Hear stories and songs.

Instructor: "Standing Woman" (Dawn Marczak)

F11 Indians of the Plains, Prairies and Grasslands

Session: 3B

Grades: 4 & up

How did the Sioux live? Join us for a week of learning about these nomadic buffalo hunters and how they survived. Spend time in our Cheyenne tipi. Learn about their ceremonies. Build a Medicine Wheel. Take nature walks to observe wildlife and identify plants and animals. Gather natural objects to decorate a "Talking stick". Hear stories and songs.

Instructor: "Standing Woman" (Dawn Marczak)

F12 Unbearable Fun

Session: 1

Grades: 4 & up

Come one, come all ... it's time to stitch a cuddly new teddy bear, all your own. Sewing has never been so much fun! Along with your new teddy bear, many other projects are available to stitch and collect along the way. We'll test out "forage porridge" and make your new friend a little bear quilt. This class takes place in the teddy bear shed and is for beginners and intermediate sewers.

Instructor: Linda O'Connor

F13 Advanced Doll Making

Session: 2

Grades: 4 & up

We will stitch a lovely selection of dolls, including a beautiful porcelain doll to add to your collection. Period clothing patterns will be used with various fabrics, ribbons, lace and buttons to complete the projects. It would be helpful to have completed Mini Quilts and Early American Rag Dolls class.

Instructor: Linda O'Connor

F14 Tinsmithing

Session: 3A

Grades: 6 & up

Explore the history and art of tinsmithing. As students become more familiar with authentic tools and methods, we will create historic reproductions, such as wall sconces and candlestick holders. Safety and proper use of sharp tools will be emphasized.

Instructor: Art Thorman

F15 Maskmaking

Session: 1A

Grades: 3 - 6

Do you like your hands submerged in slime? It's a messy process, but the masks we create will be astounding! We'll use Heldeberg rocks as forms, then layer paper strips to produce masks that can be mysterious, funny, fanciful or even frightening. Masks will be painted and perhaps embellished with natural items we find on the Land. Ancient cultures will be our inspiration as we let our imaginations soar!

Instructor: Trisha Zigrosser

F16 Calligraphy

Session: 1B

Grades: 4 & up

Are you curious? Give the ancient art of calligraphy a try. Some of the earliest examples of this very fancy writing were on papyrus and lambskin, and included swords, dragons and mazelike designs. Using pen and watercolor techniques, you'll experiment with writing styles from the Middle Ages, combining plant and animal forms, twining serpents and mythological creatures with ideas from the Land!

Instructor: Trisha Zigrosser

F17 Kite Building

Session: 2A

Grades: 3 & up

Come soar with us on a soft breeze or a steady wind - building a kite is just the beginning! Learn how and why it flies, swoops and rises. Explore the many styles of kites and how they have been used throughout history. Create streamers, a colorful windsock (inspired by the beauty of the Workshop land) and your own kite from scratch! Join us for this introduction to basic aerodynamics.

Instructor: Katie Hahn

F18 Claws, Paws and Hoofs

Sessions: 1B

Grades: 3-5

Learn about domestic animals as you get to know some of our critter friends from both the farm and at home. We will explore the world of domestic animals through hands-on learning experiences and Heldeberg site visits from some of our friends. You will also learn how to care for animals, while participating in our mini vet-science course!

Instructor: Barb Stevens & Eileen DePaula

F19 Footprints to the Future

Sessions: 2A

Grades: 3-5

Have you ever run a hair dryer or seen a light bulb glow while you rode a bicycle? We will explore the concept of living green while we play games with creating electricity, solar energy, and wind and water power. Make your own worm farm- you'll turn your kitchen garbage into the perfect compost! Dress up for our "Trashin Fashin Show"! You will learn about living green and how much fun we can have caring for Mother Earth!

Instructor: Mary Jane Rissacher

Performing Arts 2011

Chairperson: Joe Hetko

T1 Theater in the Heldebergs

Session: 1

Grades: 4 - 8

Actors, actresses, musicians, crew-hands - put all of your creative energies to work as we collaborate on the writing and production of the 2011 premier of "Theater in the Heldebergs"!

Instructor: Mary Liz Stewart

T2 Basic Guitar

Session: 1

Grades: 5 - 8

In this class we learn how to make music on the coolest of all instruments - the guitar! We play basic chords, learn to read various kinds of notation and make music individually and as a group.

Instructor: Joe Hetko

T3 Wizard's Workshop

Session: 1

Grades: 3-6

Have you ever pretended to be Harry Potter or Hermione? Imagine what it would be like to go Wizard's School! Spell-casting, magical charms and the mythical beast will all be part of your creative crash course in theatrical conjuring. Apprentices will construct a wizard's wardrobe, magical apparatus and other accessories of abracadabra! The emphasis will be on creative play and imagination, with a few magic tricks mixed in for good measure.

Instructor: Scott Payne

T4 Haunted Heldebergs!

Session: 2

Grades: 3-6

In this creepy class of fright-filled fun, you will learn the basics of happy haunting! Transform ordinary items into terrifying tricks and treats, creepy crafts and costumes, petrifying projects, and scary scenes. Create your own character to inhabit our happy haunted home, using spine-tingling techniques and spooky special effects.

Guaranteed to put goosebumps and chills on all who dare to enter! We will run the "Haunt" for Open House, and on the last day.

Instructor: Scott Payne

T5 Pirate Pandemonium

Session: 3

Grades: 4 & up

Avast, me hearties! Prepare to hoist anchor and set sail for exotic ports. We will learn pirate lore and history. Sing sea chanties. Make pirate flags and treasure maps. Create treasure chests and miniature ships. "Perchance, dig for treasure?" says I. But we'll not stand for mutiny, or it's the Black Spot for ye!

Instructor: Scott Payne

T6 Puppet Theater

Session: 2

Grades: 5 - 8

Design and build your own working marionette! Learn the engineering of the puppet's movements - then with your class, put on a new show, using the Workshop's puppet stage. You will work with carpentry tools, do costuming, scene painting and story telling!

Instructor: John Koethen

T7 Funky Fairy Tales

Session: 3A

Grades: 2 - 4

Forget Cinderella, and Snow White! We're off on some new adventures with some different stories and characters from far away places. Together we'll choose a story for our play. Using creative dramatics and improvisation, we'll write our own script. Then, we'll make our own scenery and costumes for our performance on the main stage.

Instructor: Shari Hoffman

T8 UFO'S: Frisbee Games and Juggling Fun!

Session: 3A **Grades: 6 - 8**

Unlimited Flying Objects! Learn plain and fancy Frisbee throws and catches, and then play Ultimate, Disc Golf, Flutterguts and other disc games. We will learn to juggle three balls, two balls in one hand, easy juggling tricks ... and even try four and five-ball juggling and club juggling! We will also work on unicycling! - both supported by classmates and trying to ride on your own!

Instructor: Steve Relles

T9 Whodunnit?

Session: 3A **Grades: 5 - 8**

CALLING ALL MYSTERY LOVERS ...for a week full of fun and suspense!!! Put on your detective hats and bring your magnifying glasses - we'll use our powers of logic and deduction as we search the Heldeberg Workshop Land for clues to solve a variety of mysteries. We'll step back in time to the days before TV as we listen to old-time radio mystery shows, such as "The Shadow". We will re-create a radio play, complete with music and eerie sound effects.

Instructor: Janet D'Arcangelis

T10 Live from the Heldebergs

Session: 3B **Grades: 7 - 12**

After last summer's exciting comedy workshop, "Live from the Heldebergs" will return for a week of comedy writing, improvisation and sketch creation. The workshop will conclude with a live performance of the students' written work.

Instructor: Carolyn Martone

High Adventure 2011 *Chairperson: Marilyn Pusatere*

H1 Spelunking

Sessions: 1A & 1B, 2A & 2B **Grades: 6 & up**

Go underground! Crawl, squeeze and meander through the limestone caves and karst formations of the Heldeberg Plateau. Students will receive instruction in basic equipment and learn the essentials of spelunking techniques and cave conservation.

Instructor: 1A & B - Conor O'Malley; 2A & B - Mike Nardacci

H2 My Side of the Mountain

Sessions: 1A & 2A **Grades: 4 - 6**

My Side of the Mountain, by Jean Craighead George, is an adventure story of self-reliance and ability to adapt to the environment. Like the main character, Sam Gribble, students in this class will learn basic skills to use the land to survive. You'll build a survival structure, cook over a fire, hike with a map and compass, and identify wildlife. You'll keep a journal of your experiences. You should become familiar with the popular story to fully enjoy this class.

Instructor: Jonathan Duda

H3 Gone Fishing

Session: 1 **Grades: 6 & up**

Students learn to tie their own flies for bass and pan fish. Casting sessions are also held each day. The last two days of class are held on the water, where students are given the opportunity to catch fish on their own creations. This class is a great introduction to fly tying and fly-fishing. Many students have continued in the sport and are now catching fish in warm, cold and saltwater.

Instructor: Jay "Fishy" Fullum

H4 Archery

Sessions: 1A & 1B, 2A & 2B, 3A & 3B **Grades: 6 & up**

From Robin Hood to William Tell to the Indians of North America, the sport of bow and arrow has been a builder of confidence, a test of skill and a tool for survival. Join us in developing the coordination, self-control and discipline that makes field target archery a exciting and safe outdoor challenge.

Instructors: 1B - Mike Leonard; 1A, 2A, 2B, 3A, 3B - Kevin McFerran

H5 Paddling a Canoe, & Kayak too!

Session: 1 **Grades: 6 & up**

You'll start with a canoe, then practice strokes for solo and partner paddling. Learn good balance so you don't tip over - then, you'll tip over on purpose and rescue yourself!! (aka, the capsized "cool-off") Later, you'll learn to paddle a kayak - a bit different, but a lot the same. Push the water, move the boat, learn the skills to make it fun!

This class is great for beginners or for those who want to improve their paddling skills.

Instructor: Marilyn Pusatere

H6 Helde-Trekking

Sessions: 2B & 3A (UPDATED 3/8/11) **Grades: 3 & 4**

Hike the Heldeberg Workshop! Spend your week hiking and exploring the fields, woods and pond areas of the Workshop. Learn some basic safety and survival skills, such as building a campfire, making a survival shelter, preparing a meal, using a compass and reading basic trail maps. We may even take a field trip to Thacher Park for more hiking! You will need to wear comfortable hiking shoes or sneakers and pack rain gear, water bottle and snacks into a light daypack.

Instructor: David Wallingford

H7 Let's Get Growing!

Session: 2A & 2B **Grades: 3-6**

Always wanted to plant a garden, but not sure what to do? Come on and get your hands dirty! Plant a real garden! You'll prepare the soil, plant seeds and "starter plants", and learn how to care for them. You'll discover what gardens need to grow, learn about compost, how to garden organically and find out what bees have to do with gardens! You'll do lots of hands-on activities that will focus on how to grow your own food to eat and share. Gardening is easier and more fun than you ever thought it could be!

Instructor: Anne Sage

2011 Application for Enrollment

Heldeberg Workshop, An Adventure in Learning
 PO Box 323, Voorheesville, NY 12186-0323
www.Heldebergworkshop.org

Parent/ Guardian _____
 (LAST NAME) (FIRST NAME) (RELATIONSHIP)

Street _____

City _____ State _____ Zip Code _____

Telephone: HOME: _____ WORK: _____ CELL: _____

CHILD'S NAME _____ GRADE NEXT YEAR _____ BUS _____

ENROLL BY CLASS LETTER AND NUMBER ONLY (Discoverland 1 week=\$100.00, 2 weeks = \$200.00)

CHOICE	Session 1 (\$250.00)	Session 1A (\$125.00)	Session 1B (\$125.00)	Session 3 (\$250.00)	Session 2A (\$125.00)	Session 2B (\$125.00)	Session 3 (\$250.00)	Session 3A (\$125.00)	Session 3B (\$125.00)
1st									
2nd									
3rd									
4th									

VOLUNTEER SIGN UP

NAME SESSION PHONE BEST TIME TO CALL
 CHILD'S NAME _____ DATE OF BIRTH _____ AGE _____

Adult Volunteers

Enrich your summer, and a child's -Volunteer at the Workshop. Volunteering requires no special skills, only a love of children and a willingness to pitch in. Volunteers have an important role in making "An Adventure in Learning" possible.

All of our classes need a volunteer and we want to show our appreciation for your involvement. All volunteers are given a \$50.00 refund for helping in a two week class and a \$25.00 refund for a one week session, processed at the end of the summer program.

There is space on the application for you to sign; please indicate the most convenient time for our volunteer coordinator to call and discuss which class you wish to join. If you have a child enrolled in our preschool, you and your child may ride our bus for free. Please register for the bus on your application.

Please read this page carefully. A Parent/Guardian signature is required in **three (3) places**.

Lack of a signature could jeopardize your child's registration.

Return to: **The Heldeberg Workshop, P.O. Box 323, Voorheesville, NY 12186-0323**

GENERAL PERMISSION: My child _____ has permission to participate in all activities of the program of the 2011 Heldeberg Workshop Summer Session. I also give permission for my child to participate in class field trips requiring transportation away from the Workshop property. I give permission to the Heldeberg Workshop to administer First Aid and to use pictures of my child taken at Workshop activities. I understand that the Summer Chairperson reserves the right to withdraw any student who is disruptive in class or on the bus, and that *no refund will be made in such cases*.

(1) PARENT/GUARDIAN _____ DATE _____
*The general permission **MUST BE SIGNED** to ensure registration processing!*

During Workshop hours: Mother can be reached at: _____
Father can be reached at: _____

In case of emergency and parents cannot be reached, call:

Parent Designate: _____ Phone: _____

Pediatrician: _____ Phone: _____

Dentist: _____ Phone: _____

Hospital Preference: _____

Privacy Notification

Because the form below asks for personal information, the Personal Privacy Protection Law requires that you be given this notice. Information requested on this form is pursuant to Public Health Law 225, 7-28. Information is needed to alert Workshop administration of special medical needs of the student population. It will be treated as confidential medical information, and will be given to appropriate medical service providers in case of emergency. This form will be on file with the Workshop medical director, at our workshop location (518) 765-2777. Failure to provide this information will result in the student not being allowed to attend.

ATTACH IMMUNIZATION RECORDS FROM YOUR PHYSICIAN OR SCHOOL NURSE - RECORDS MUST BE CURRENT, COMPLETE AND SIGNED BY A PHYSICIAN PLEASE READ THE FOLLOWING STATEMENT AND SIGN BELOW

Safety is a priority for the Workshop. We need the most complete and accurate information that you can provide, for the protection of your child and all children attending the Workshop. Students at the Workshop are expected to participate in reasonably strenuous activities which may include hiking, climbing, canoeing and running in our outdoor setting. Please consider this when deciding if your child has any health concerns we should be aware of.

List of concerns: please check any that apply:

Allergies: Bee stings Latex Foods

Asthma Diabetes Seizure disorder Anxiety ADHD

Chronic disease _____ Special Needs _____

Other: _____

MEDICATION NEEDED DURING WORKSHOP HOURS: _____

CHILD'S PHYSICIAN MUST SIGN & COMPLETE MEDICATION FORM (on website)

Parent/Guardian must sign form. This must be sent in with REGISTRATION.

Please have the MD provide orders date for the Workshop. Parents must supply medication in the original pharmacy container.

(2) Parent/Guardian Signature _____

MUST BE SIGNED

Every Workshop class, in order to be successful, needs the active cooperation of every student. The Workshop expects that every student will follow class rules established by the teacher. Disruptive behaviors prevent other students from learning and enjoying their time at the Workshop; they may also present a health and safety risk.

A student, whose behavior interferes with his/her learning, or that of other students, will be referred to the counselor. The counselor will help the child develop a behavior plan in order to return to class. If the counselor and/or director determines that the child's behavior is a health or safety risk, the child will not be returned to the class for the remainder of the day and parents will be contacted. Serious health and safety issues or repetitive disruptive behavior will result in the child being removed from the program. Parents will be contacted by phone to come and pick up their child.

Please discuss behavior expectations with your child prior to the start of the Workshop program. The Workshop wants every child to have a positive and productive experience at our programs.

(3) Parent/Guardian Signature _____

MUST BE SIGNED

SCHOLARSHIPS

Each year the Workshop offers over \$10,000 in scholarships. We feel it is important for any child who wants to attend the Workshop to be offered the opportunity. Requests for scholarships should be submitted in writing to the Heldeberg Workshop Scholarship Committee and mailed to PO Box 323 Voorheesville, NY 12186-0323. Include the name of the class and the session that you wish your child to attend. The decision of the Scholarship Committee is final, and will be sent to the family as soon as possible.

Transportation Information

The Workshop provides bus service from the locations below. Bus space is limited; spaces are filled in order of applications received. To register for bus service, fill out the Bus information on the application. Students will be picked up and dropped off only at designated stops and only to a waiting adult. Please use good judgment in deciding whether to send young children on the bus, especially if they will not be accompanied by an older sibling.

If the adult designated to meet the child at the stop is not present, the bus will return with the child to the Voorheesville Elementary School. Please make arrangements to be on time for both pick up and drop off.

Fees are \$25.00 per child per one week session. A two week class will be \$50.00 per child

Delmar Route (Includes Albany & Bethlehem)

- D1 – St. Catherine’s School 8:00 AM 12:50 PM
- D2 – Bethlehem Middle School 8:20 AM 12:30 PM
- D3 – Hamagrel Elementary School 8:30 AM 12:20 PM

Voorheesville Route (Includes Niskayuna & Slingerlands)

- V1 – Bowlers Club in Niskayuna 7:50 AM 1:00 PM
- V2 - Farnsworth Middle School, 8:10 AM and 12:30 PM
- V3 – Slingerlands Grade School 8:20 AM 12:30 PM
- V4 – Voorheesville 8:40 AM 12:10 PM

Berne/Knox Bus Route

- B1 - BKW Central School, 7:20 AM and 12:30 PM
- B2 - Knox Reformed Church, 7:30 AM and 12:20 PM

COST OF CLASSES:

All two week classes (sessions 1, 2, & 3) are \$250.00 All one week classes (sessions 1A, 1B, 2A, 2B, 3A & 3B) are \$125.00 (All Discoverland classes are \$100.00)

PAYMENT IN FULL MUST ACCOMPANY THIS

APPLICATION. Once the application has been accepted and processed \$75 will be non-refundable. Written withdrawals, postmarked by June 1st, will be refunded except for the \$75 charge. No refunds will be made after June 1st.

HEALTH FORMS MUST ACCOMPANY APPLICATION: Health records must include the date of all immunizations and any special medical concerns. Forms from your doctor’s office OR a copy of the *school health record* are acceptable as long as the records are current and complete.

Applications without health forms will be returned UNPROCESSED!

Changes in registration must be sent to Heldeberg Workshop, PO Box 323, Voorheesville, NY 12186-0323 or emailed to registrar@heldebergworkshop.org.

Please call (518) 765-2777 to leave a message. After July 11th the Land phone will be answered weekdays, from 9AM till Noon, by the Workshop Office.

